

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## Juan-Re Grundlingh

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

## **TIME** 01:03:30

**PACE** 09:03/km **OVERALL** 63 of 204 **GENDER** 16 of 43 **OPEN** 7 of 21

outLime

28 August 2016, Sun Date